



Persona of Lead Coaching Couple

Marital:

- Preferred to be married a minimum of 10 years to each other.
- They have a healthy ... not perfect ... marriage.
- They work / lead well together as a team.
- They have a good leadership balance in their roles as husband and wife.
- They are open and honest, transparent, vulnerable and capable of freely sharing their life stories.
- Both spouses have growing personal journeys, with no strong signs of co-dependency.
- They are actively practicing good conflict resolution skills.
- They are actively working to grow both personally and as a couple to intentionally deepen their emotional, spiritual and physical intimacies.
- They are self-motivated lifelong learners in the area of marriage.
- Blended OK ... divorce should have "Biblical grounds" and they have dealt with the issues of their past relationships.

Spiritual:

- Each spouse has a strong foundation in Biblical knowledge.
- They are not new believers / Christ followers.
- They are intentionally seeking to grow in their faith and spiritual maturity.
- They are active together as members of a Bible teaching local church.
- They both have a clear personal salvation testimony.
- They look for opportunities to share the gospel and can clearly articulate the plan of salvation.
- Both spouses can affirm / sign our doctrinal statement.
- They have an unconditional love for hurting / broken people of all ages, stages, income levels, race and religions.
- Both have a strong desire to serve the Lord and possess ministry focused hearts because this is not a job, it's a ministry.

Physical:

- Both are physically "strong" enough to lead through an exhausting weekend.
- Both can see and hear well
- Not currently struggling with active addictions to porn, alcohol, medications or illegal drugs.

Emotional:

- Emotionally stable, they are not easily angered or riled by emotional outburst or if things go “wrong.”
- They can express their emotions appropriately.
- Can maintain boundaries. They can speak into a person’s / couple’s life without their personal feelings getting in the way.
- Not easily discouraged. They can stay positive and enthusiastic when things seem overwhelmingly negative.
- They have the emotional stamina to hold up for an intense weekend.
- They practice empathy by understanding where the client is emotionally

Gifts / Skills / Competencies

- Friendly ... personable ... approachable.
- Ability to make people (strangers) feel welcomed, safe and comfortable.
- Not judgmental ... but can lovingly confront when necessary.
- Ability to teach from a curriculum.
- Can function comfortably in a one on one (couple) scenario.
- Humility ... they don’t feel the need to one up the clients’ story with their own. They strive to keep their focus on the client.
- Appropriate sense, and use, of humor.
- Good listeners who practice reflective listening.
- Observant ... can read facial expressions and body language well.
- Can maintain confidentiality.
- Can command the room as a group leader.
- Ability to deal with open conflict calmly and effectively.
- Passionate about helping couples in crisis.
- Ask good questions.
- Can communicate clearly and succinctly.
- Resists the urge to counsel, preach, or give specific directions, but to help clients see the possible path to the same place via good questions and patience!

Experience:

- Has experience in leading a small group and some understanding of group dynamics.
- Has attended marriage enrichment events.
- Has personally experienced marriage counseling or coaching.
- Has taught the Bible to adults on a regular basis