

Pricing

The cost for the marriage intensive, 15-week follow-up program and all housing and meals for the weekend is one flat fee. To discuss cost and payment information and to register, your next step is to call (717) 299-8969 or email intensives@themarriagehub.com

Financial "Needs Based" scholarships are available.

Please call or email for details. Our goal is to make sure finances don't keep you from getting the help you need!

www.themarriagehub.com

Getting Ready for your Weekend:

Fill out your couple's questionnaire ...

This is a 5-page document we ask you and your spouse to fill out separately and get back to us at least a week prior to your intensive. It gives our coaches the ability to prep for your specific situations.

Make arrangements for your children, pets, etc. ...

The goal is for you to be able to get away and focus on you and your relationship with your spouse and God. Remove the distractions and worries about your kids, pets ... or others you may be responsible for by making sure they will be well cared for by people you know and trust.

If your children are aware of the marital problems ... let them know that the two of you are going away to work on making your marriage better ... that may make your leaving a little easier for them. Children fear the divorce of their parents more than they do the death of a parent.

Take care of you ...

- This will be a physically, spiritually and emotionally challenging weekend. So be sure to ...
- Rest
- Eat Right
- De-stress ... take Friday off so you have plenty of time to get to your venue
- Ask trusted family and friends to pray

Manage your expectations ...

Your intensive is the first step of your journey to a healthy and happy marriage. We're not claiming that your weekend with us will be an end all to your marital problems. Our prayer, and goal, for you is that you both leave having made a new commitment to working on making your marriage better. Many couples discover "deeper" issues during our time together that will require more counseling.



The
Marriage
Hub

18 N. Market Street | Elizabethtown, PA 17022 | 833.482.4968 | themarriagehub.com

Providing Hope & Healing for Married Couples

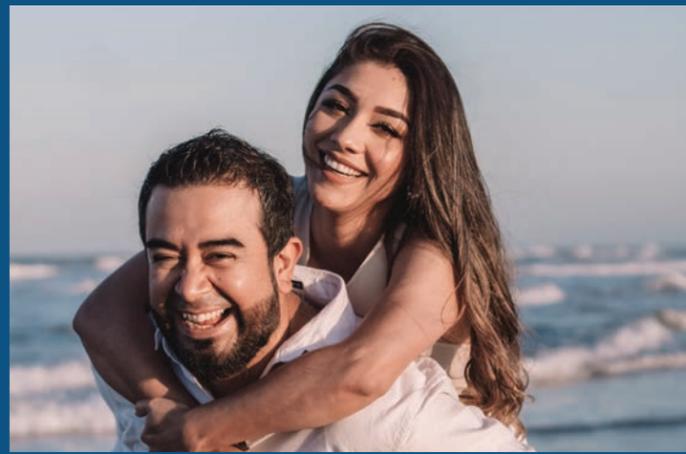
What is the Marriage Hub Intensive?

intensive is defined as an adjective meaning: concentrated on a single area or subject or into a short time; very thorough or vigorous. Synonyms: thorough, in-depth, rigorous, exhaustive ...

When you hear the word intensive ... you may think intense ... and then a picture of a Marine Corp Drill Instructor flashes across your mind...or some evil looking therapist probing into the dark recesses of your life ... **Well relax ... that is not what we are talking about ...**

Our Marriage Hub Intensive is a three day interactive small group Bible based experience designed to equip you with the information, skills and inspiration you need to fan the flames of your marriage back to life.

"Intensives" really work! Research shows that this concentrated focus on your marriage will often produce more positive results than 9 months of pastoral or even professional marital counseling (1 hour per week every other week) will!



In fact, about 80% of couples who participate in our Marriage Hub Intensives and follow-up programs have stayed married for over a year afterwards and report more happiness and higher feelings of marital satisfaction. So there is hope for you!

Couples often tell us that this is the most effort they've focused on their marriage over a concentrated period of time ...

One couple shared that they got more out of this weekend than they have in years of counseling ...



Our Marriage Hub Intensive is NOT marriage therapy or counseling!

It is marriage relationship coaching. Our highly trained coaches will instruct, encourage and challenge you to become the husband or wife that God wants you to be; so that you can begin to experience the marriage He intends for you to enjoy.

As you go through the instruction times, you will easily identify the areas in your marriage that need work. You will learn the how's and why's of 10 vital skills to creating a strong healthy marriage.

1. Making Your Marriage Safe
2. Re-establishing Trust
3. Exploring Your Fears
4. Dismantling Walls
5. Personal Responsibility
6. Self-care
7. Spouse - care
8. Communication
9. Conflict Resolution
10. Forgiveness and Reconciliation

Is this Marriage Hub Intensive for you?

We've helped couples of all different ages, stages, number of years married, re-married, educational, vocational and faith walk backgrounds.

They come because they "have lost that loving feeling" due to the stresses and strains of jobs, kids and finances. Years of disillusionment and unresolved hurt have eroded their ability to communicate and emotionally connect. Some are dealing with the empty nest ... an addiction ... or are staggering out of an emotional or physical affair.

- Couples who cannot stop fighting
- Couples who are in the midst of, or over, an emotional or physical affair
- Couples who feel stuck in unhealthy relationship
- Couples who struggle to truly communicate
- Couples who are separated, or are on the brink of divorce
- Couples who are disconnected, frustrated, and unhappy
- Couples who have lost hope



Can I come alone? Yes, we believe that your marriage can and will improve as you work on becoming a better you.

We routinely get referrals from professional counselors, therapists and pastors hoping that we can get couples in crisis started on their road to intimacy.

Your intensive is not over after the weekend ends!

We offer three ways to make sure your mountaintop experience continues after you head back to the reality of life. **Our hope is that you will take advantage of our follow-up programs.**

For **15 weeks** after your intensive you will experience our **heavy lifting follow up program**. This program is a mixture of assignments, videos and articles that will allow you to do dig deeper into the material discussed at the intensive.

While this follow up program is voluntary, we have seen the marital satisfaction of couples increase significantly upon completion.

Why Small Groups?

If you are like most of our couples, you will feel a little apprehensive about sharing your struggles with a group of folks you've never met before. We can guarantee that you'll relax on Friday night as you discover that you're not alone. The others sitting around the table with you are dealing with some of the same "stuff" you are! You'll find yourself identifying with the members of your group; and before long you'll be consoling and encouraging each other. We are thrilled to see our groups leave as friends at the end of our time together; because their apprehensions quickly grew into appreciation.

Your Marriage Hub Leaders

Your small group will be led by a caring and skilled coaching couple, who's been carefully trained to work with couples experiencing marital challenges. They understand your anxiety and will do their best to make you feel safe. You can be assured of confidentiality. Our coaching staff are passionately committed to making this weekend a positive and successful experience for you.

